



# YOUTH UNITY

Empowering Young People



## About Us

Youth Unity is a “not for profit” organisation established to provide effective help and support to vulnerable young people and adults affected by group violence (gangs), drugs and other forms of exploitation such as human trafficking, child sexual exploitation and extremism. We work in collaboration with statutory organisations, commissioned services and charities to provide a more cohesive approach to solutions.

We focus on improving opportunities for all, especially young people from disadvantaged backgrounds. Our overall belief is that by helping to improve the overall health and well-being of an individual they can make better informed choices and decisions.

### **Prevent**

People becoming involved in serious youth violence, being exploited participating in violence.

### **Prepare**

To effectively mitigate risks through preventative measures and innovative creative media early intervention. Our aim is to kick start conversations, build resilience and inspire change around complex social issues.

### **Protect**

To strengthen adults and young people by building their emotional and cognitive (thinking) resilience, better enabling them to ‘say no’ to violence, drugs, crime and other forms of vulnerability. We work with statutory services, education, police, social care, local safeguarding boards, charities, local authorities, to deliver productions, workshops and training for young people and adults across the UK.

Our core belief revolves around ensuring that every young person is treated fairly and as a unique individual, regardless of factors such as age, gender, race, religion, ability, or background. As an organisation, our primary objective is to facilitate the thriving and realisation of the full potential of young individuals, ensuring they are thoroughly prepared for the challenges and opportunities that lie ahead in their adult lives.

A group of jockeys racing horses on a track, with a blue and orange gradient overlay. The jockeys are wearing colorful silks and helmets, and the horses are in full gallop. The background is a mix of blue and orange, with a blue gradient at the bottom and an orange gradient at the top. The text is overlaid on the image.

# **The British Racing School**

**An Introduction to Racing  
November 2023**

# A Five-Day Immersive Journey: Unveiling the World of Horses



In collaboration with **The British Racing School** and the **Gerald Leigh Charitable Trust**, we are thrilled to share the remarkable impact of this most recent project. A week-long induction to the school provided a unique opportunity for a group of young individuals.

The response from our network was truly heartening, with over 85 applicants vying for a placement. Despite the overwhelming interest, only 6 participants could be accommodated due to limited availability. In navigating this challenge, we strategically selected young people by working closely **BSix College**.

This immersive experience, made possible through the generous support of the **Gerald Leigh Charitable Trust**, brought together individuals from diverse parts of London, representing varied socioeconomic backgrounds but bound by a shared passion for horses. We believe in the power of this transformative experience to significantly contribute to the long-term self-confidence and personal growth of these young individuals.

At the heart of this project is the spirit of collaboration and partnership, demonstrating that together, we can make a lasting impact on the lives of young people. As we continue to build on these meaningful partnerships, we are excited about the positive ripple effect that our collective efforts will have on the future of these aspiring individuals.



# Forging Paths to Employment: Empowering Futures



Beyond the enriching induction week, this project is dedicated to opening pathways to meaningful employment for the participants. During this transformative week, individuals are introduced to various elements crucial for their personal and professional development. The journey doesn't end here; it extends into courses ranging from 6 to 18 weeks, each offering not just education but tangible opportunities with guaranteed work placements.

The commitment is to provide more than just a glimpse into the possibilities; it's about equipping these young individuals with the skills and experiences that pave the way for a successful and fulfilling career. The diverse courses on offer ensure that participants can choose a path that aligns with their interests and aspirations, setting them on a trajectory toward long-term success.

By combining education with hands-on work placements, we aim to bridge the gap between learning and practical application, preparing participants for the challenges and opportunities they'll encounter in the professional world. This project is more than an introduction—it's a comprehensive program designed to empower individuals with the tools they need to thrive in the workforce.

As we continue this journey together, we are excited about the impact our collective efforts will have on the lives of those we serve. Youth Unity works to create a future where every individual has the opportunity to not only dream but also to turn those dreams into tangible, sustainable careers.





This immersive journey aims to not only broaden the horizons of the young people, but to provide them with a comprehensive understanding of the equine world.

With a visit to the National Stud Farm, the young minds were treated to a detailed guided tour, unravelling the intricate tapestry of horse breeding and care. The experience wasn't just a visit; it was a hands-on exploration of the behind-the-scenes efforts that contribute to the well-being and development of these magnificent creatures.

The expedition continued at the British Horse Racing Museum, where the group was immersed in a wealth of knowledge. A meticulous guide led them through not only the museum's exhibits but also illuminated the intricacies of how horses are meticulously cared for in the stables. From the history of horse racing to the day-to-day life of these majestic animals, every facet was unveiled with precision and passion.





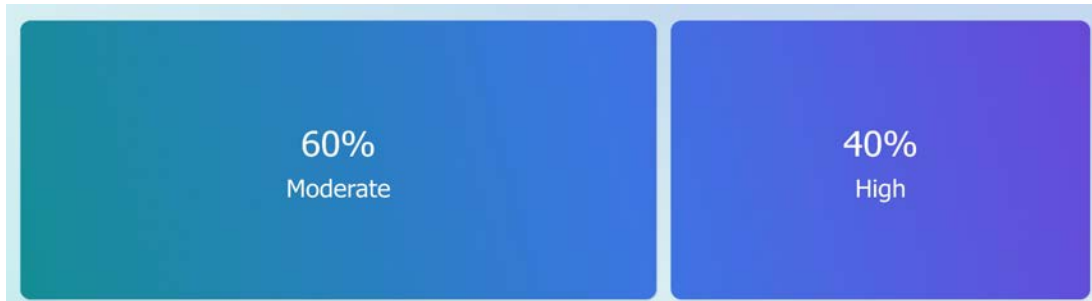


# Evaluation Pre Course

**We asked the young people what their expectations are at the start of the week ...**



**What are your expectations at the start of the week?**



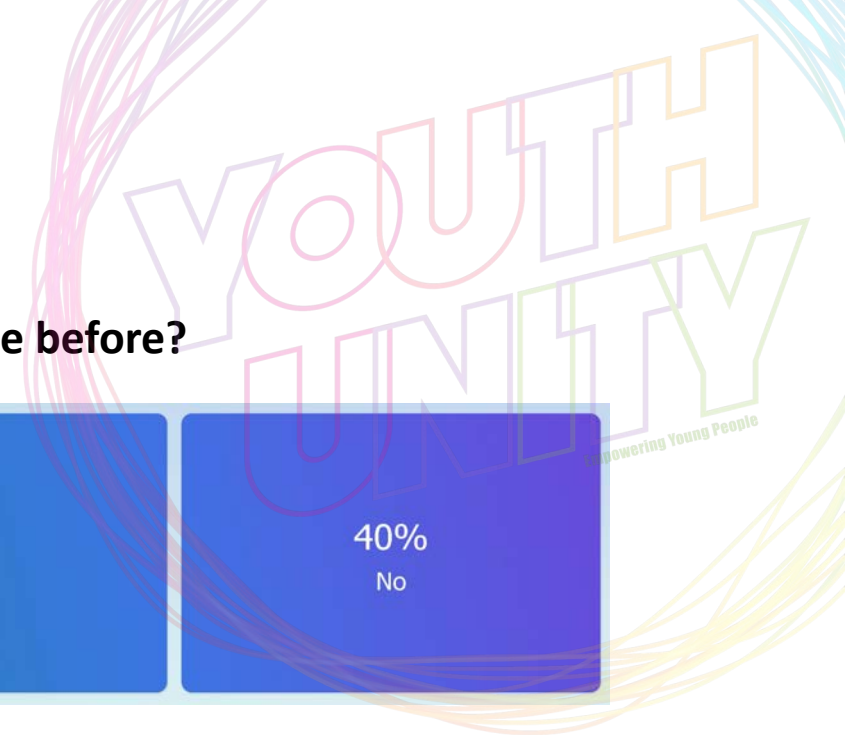
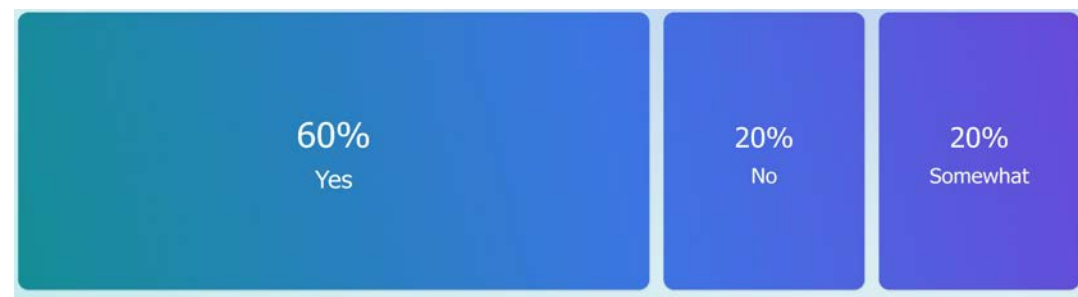
**Have you ridden a horse before?**



**Do you feel confident in the week ahead?**



**Was enough information about the course given before coming today?**



## **What do you hope to take away from this week?**

"Learn how to at least walk with the horse "

"Some experience with horses and how to ride them"

"More in depth training of my abilities of riding and taking care of horses "

"More confidence in the stables and a peace or mind. "

"Increase my confidence in fast counter riding and have more experience in caring for horses, possibly a career with horses "



# Outcomes and Evaluation

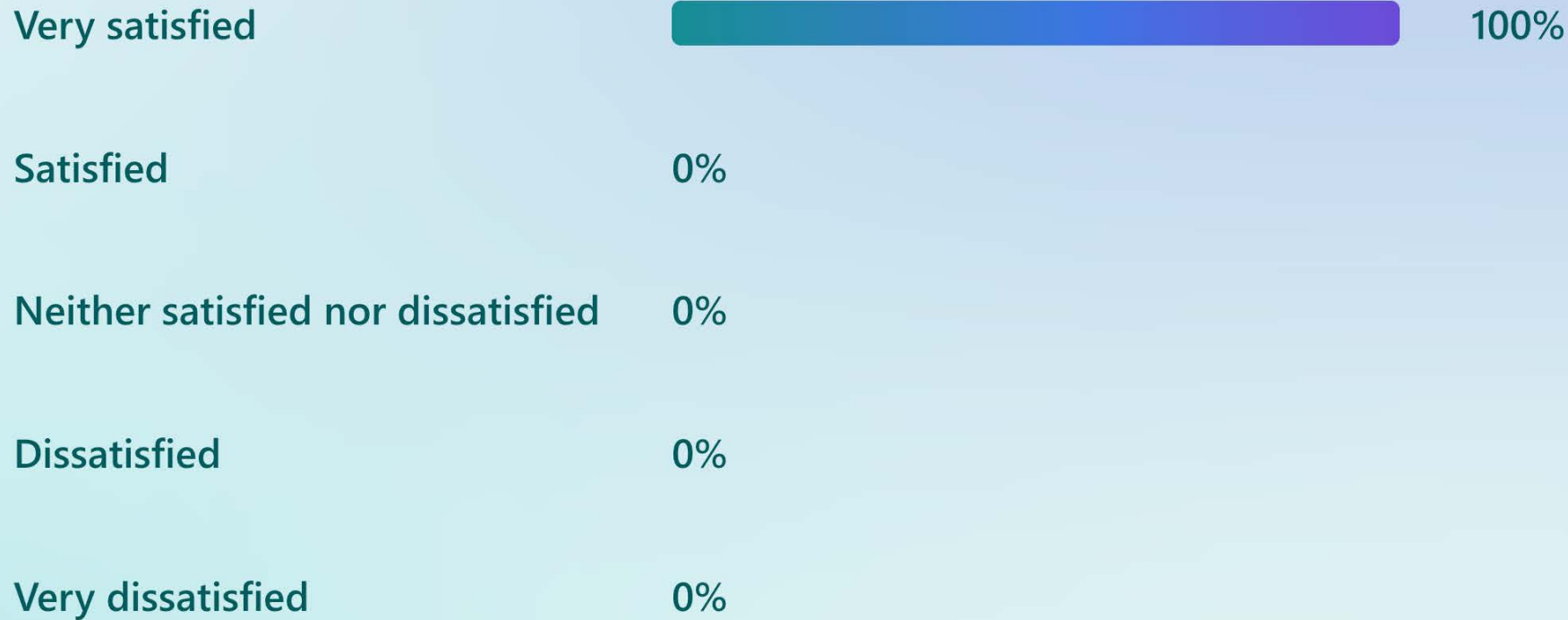
## IMPACT

The feedback from the end of the week ...



## How satisfied are you with the knowledge you gained from this induction week?

### How satisfied are you with the knowledge you gained from this induction week?



## How satisfied are you with the knowledge you gained from this induction week?

How satisfied are you with the knowledge you gained from this induction week?

Very satisfied



100%

Satisfied

0%

Neither satisfied nor dissatisfied

0%

Dissatisfied

0%

Very dissatisfied

0%



How would you rate your overall experience over the course of the week?

9.5





## How do you agree with the following statements?

Extremely disagree

Somewhat disagree

Neutral

Somewhat agree

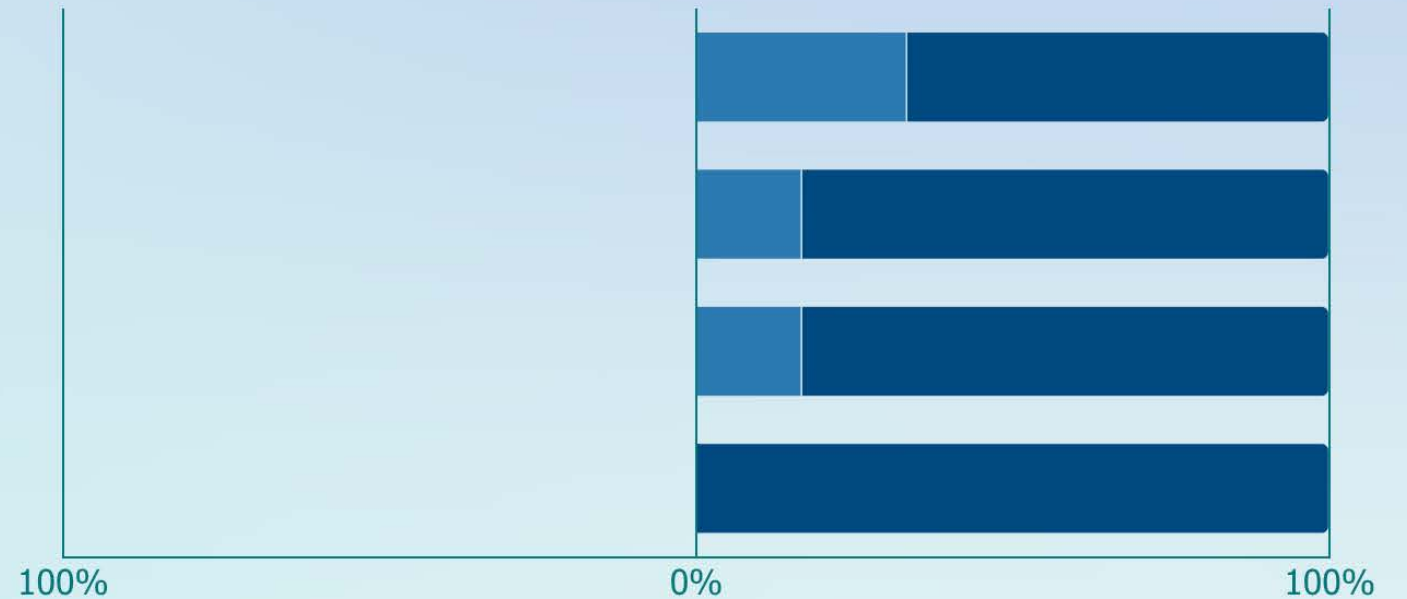
Extremely agree

My interest was maintained throughout the whole course

All of my questions were thoroughly answered

The days were laid out well, and I had enough time to rest

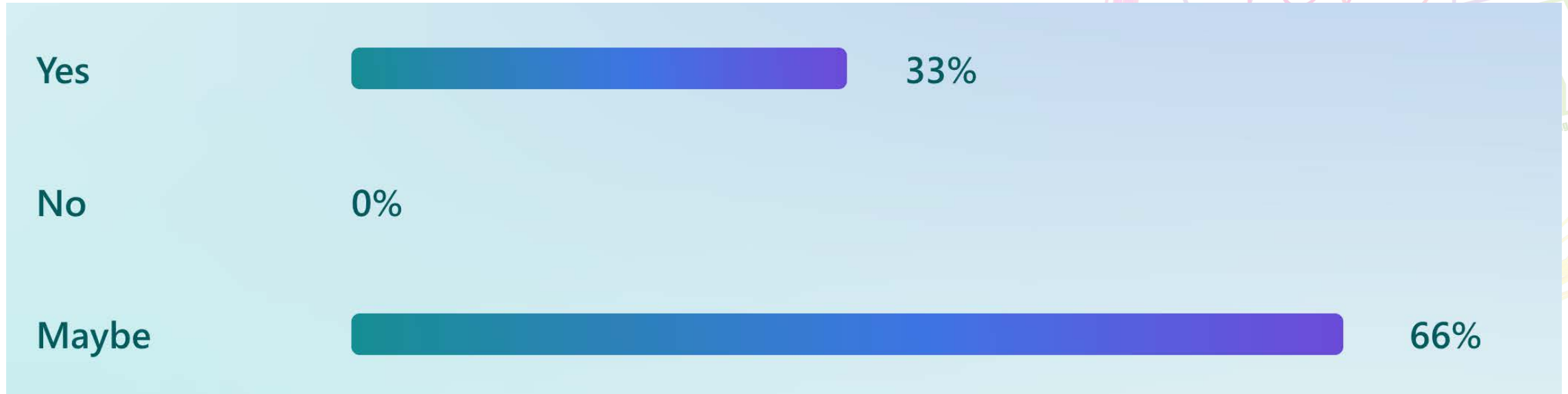
Do you feel the accommodation met your expectations



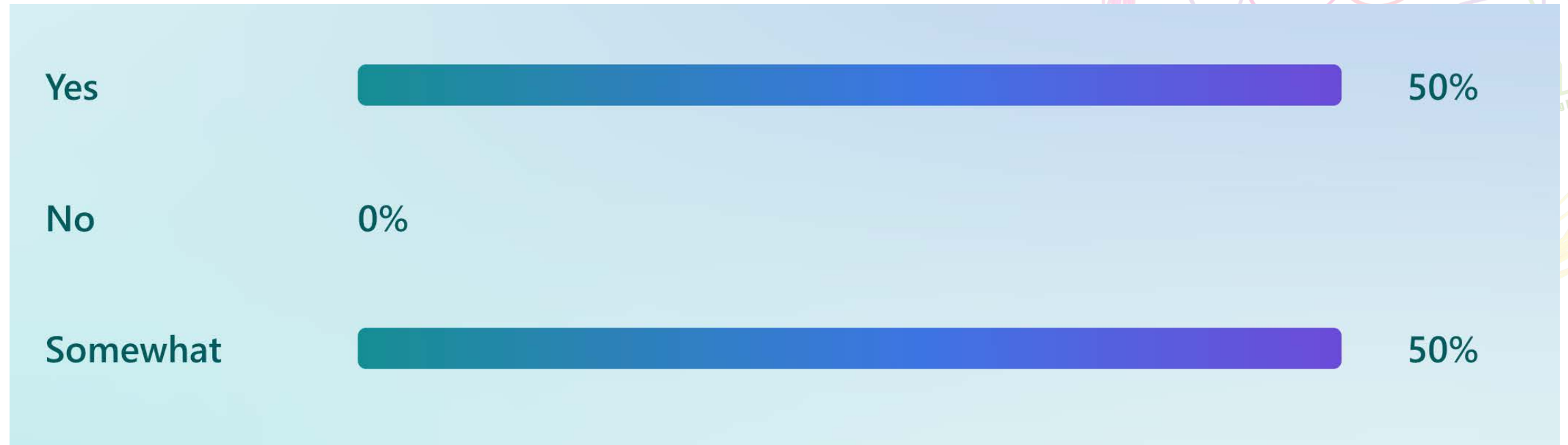
**Did the course meet your expectation?**



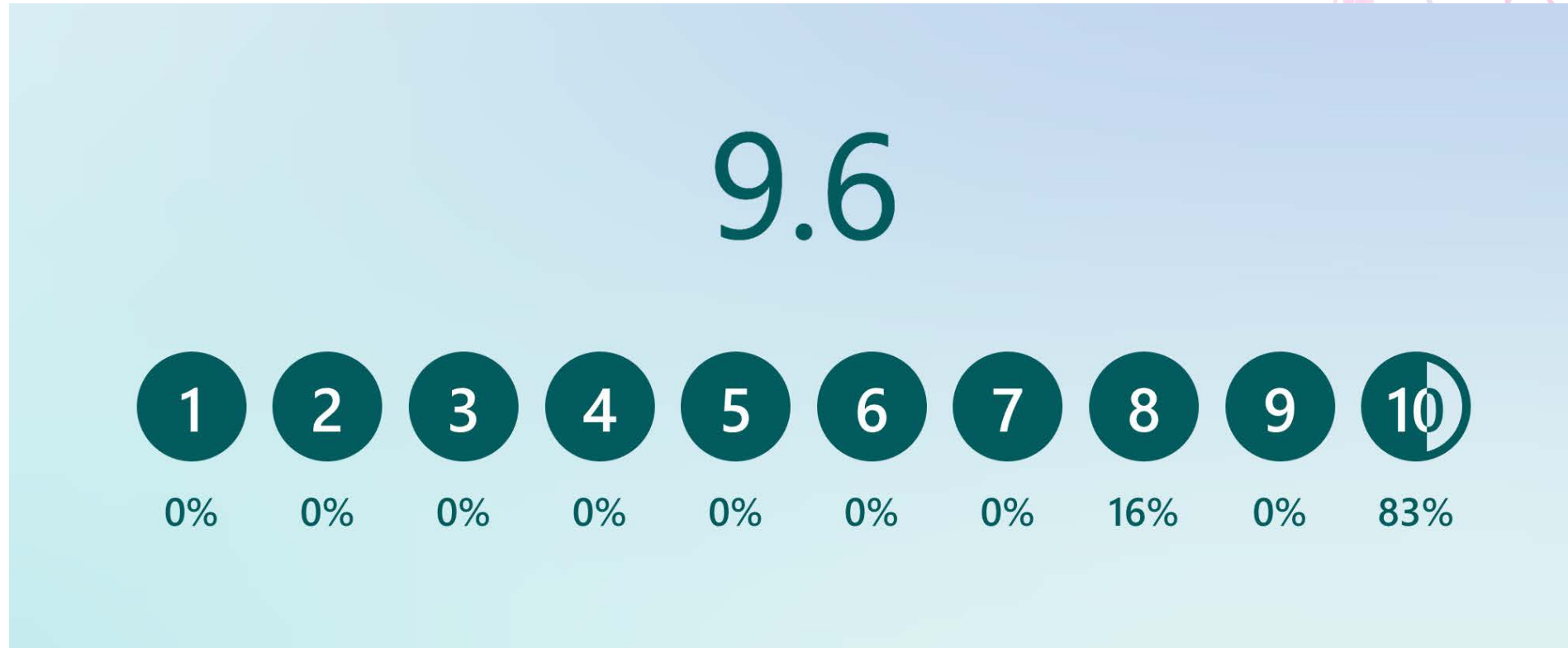
## Would you consider a career in horse racing, since being on this course?



## Do you feel you was given enough information on all the different career pathways within the horse industry?



How likely are you to recommend this course to a friend or classmate?



Was you aware that this course was fully funded by Gerald Leigh Charitable Trust?



## How do you rate your experience with Youth Unity?

5.0



0%



0%



0%



0%



100%



# Testimonials from the young people

"I really enjoyed myself, I liked how there was a range of things to do and how welcoming everyone was. I also really liked our team leaders as they were very patient and clear in what needed to be done. I wouldn't say there were any negatives because everything ran smoothly as everyone knew what they were doing at all times. This was a very fun and different experience for me. "

"I really enjoyed my time here and will look into the other courses on offer, this was such a great experience, thank you Youth Unity and Stev "

"It was a great experience, was not what I expected, I loved spending time with the horses and Ms Stoke is always so friendly and happy to give guidance. Really appreciated this opportunity. "

"A fun experience with lots of great information and knowledge about the horse industry "

"It was an amazing experience that opened me to a totally different but fascinating world "

"Amazing, loved the course!"

YOUTH  
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Empowering Young People



**Tack up Tango!**  
Get Tango ready for a new life after racing





We look forward to bringing more young people in 2024

May

June

October

*“Together, we are building bridges to employment and empowering futures”*



# Let's Connect



[www.youthunity.org](http://www.youthunity.org)